

## 口腔外科領域の難治性疼痛疾患の漢方治療

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**要旨：** 口腔外科領域の疼痛疾患は、直接飲食と関係するため、患者にとっては想像以上に苦痛なものである。口腔内心身症と思われる舌痛症と味覚脱出の2例とステロイド抵抗性扁平苔癬4例の漢方治療を経験したので報告する。

症例1は原因不明の舌痛症。舌は紅で乾燥脈は沈で胸脇苦満があったため、柴朴湯を用いたが効果なく、滋陰清虚熱の湯液にて著効であった。症例2は原因不明の味覚脱出。舌紅乾燥脈沈でこれも虚熱と考え、滋陰降火湯にて有効であった。症例3は扁平苔癬。舌黄膩苔で脈滑、実熱と考え大柴胡湯合立効散で著効。症例4は扁平苔癬。舌紅脈弦にて虚熱と考え、滋陰降火湯合立効散にて著効。症例5は扁平苔癬。舌乾燥脈弦で虚熱と考え、釣藤散合立効散で著効。症例6は扁平苔癬。舌白乾燥脈濡にて、温熱病から虚熱になっていると考え、滋陰清実虚熱の湯液を処方して著効。口腔疾患は体内の鬱熱が表出している場合が多く、実熱と虚熱の判断が重要である。

**索引用語：** 口腔心身症, 滋陰降火湯, 扁平苔癬, 実熱, 虚熱, 大柴胡湯, 湯液

Effects of traditional medicine treatment on six cases with therapy-resistant oral disease

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**Abstract :** Oral diseases are usually accompanied with much pain, since they are related to eating and drinking. It has been a common practice to administer TSUMURA Saiboku-to, a traditional medicine, for so-called "psychosomatic disease" of the unknown origin, but TSUMURA Jiin-koka-to, a traditional Oriental medicine, was effective to two patients whose tongues were dry. We considered that oral lichen planus comes in the form of a stagnation of heat-evil and administered TSUMURA Dai-saiko-to to a case with the sthenic heat syndrome and TSUMURA Jiin-koka-to to a case of the asthenic heat syndrome and also to a case of the same syndrome, and traditional Oriental herbal mixture soup to a case of asthenia accompanied with sthenia. In all those cases, the efficacy was significant. It is important to decide which is the case, the sthenic heat syndrome or the asthenic heat syndrome, when traditional Oriental treatment is to be given to cases with oral diseases.

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