症例報告

抜歯後に生じた顔面痛の治療

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要旨:近年,抜歯を引き金とした顔面の痛みや不定愁訴を主訴としてペインクリニックを訪れる患者の割合が増加傾向にある。今回,左大臼歯抜歯後1年を経て,移動性の電撃痛を生じ,治療に難渋した症例について報告する。症例は,51歳男性。1994年12月から左頰部の鋭痛が出現し,当院口腔外科,眼科,皮膚科を経て,当科に紹介となった。患者は1年前に,左上大臼歯の抜歯を受けている。痛みは,前兆を伴い移動性の電撃痛を呈し,QOLの低下を認めた。初診時の診断として,抜歯後カウザルギーを考慮し,治療としては,星状神経節ブロックを中心に,ノイロトロピン®,漢方薬(ツムラエキス剤)の併用を試みた。漢方方剤は,五苓散,柴胡加竜骨牡蠣湯,柴苓湯の順に変方しつつ用いた。これらの治療により,現在痛みのコントロールは可能となり,QOLの改善も認められた。

(痛みと漢方6:43-48, 1996)

索引用語:抜歯,移動性電撃痛,抜歯後カウザルギー,星状神経節ブロック,漢方薬治療, ノイロトロピン[®],柴苓湯

Treatment of severe facial pain developed following tooth extraction

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Abstract: Patients who visit pain clinics with complaint of facial pain or undefined discomfort triggred by a tooth extraction has been increasing. We report the problem of 51-year-old man with transitory, and electric shock-like pain in a one year after extraction of left molar. Around December 1994, the patient developed sharp pain of the left side of his head. He was examined at the departments of oral surgery, ophthalmology and dermatology in our hospital and was finally referred to us. Approximately one year earlier, he had had a left molar extracted. The pain was transitory and simulated an electric shock with preliminary signs, which deteriorated his QOL. At the initial examination, we suspected causalgia follwing tooth extraction, and attempted a stellate ganglion block combined with the administration of Neurotropin and an Oriental medicine (a prescription by Tsumura). As for the latter, Go-rei-san, Saiko-ka-ryukotu-borei-to and Sai-rei-to were rotated in the order listed. We succeeded in controlling the pain through this therapeutic approach. Consequently, his QOL has improved.

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Key words: tooth extraction, migratory electric shock-like pain, causalgia, stellate ganglion block, treatment with Kampo medicines, Neurotropin, Sai-rei-to