

症 例 報 告

## 五苓散が奏効した非定型的顔面痛の 1 症例

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**要旨：**左上顎歯肉部痛を主訴とした38歳，女性。左上顎第一大臼歯の抜歯後より，灼熱感を伴う持続するピリピリした激しい痛みが出現した。痛みは午後から増悪し，時に疼痛発作（顔面の蝶形模様紅斑，顔の引きつり，腫脹感，口腔内が火を噴く）をみた。なお肩こり，前駆症状，悪心，嘔吐，鼻汁等はなかった。既往歴に中学生時に片頭痛，28歳で下顎骨骨髓炎，30歳で左顎関節症を認めた。星状神経節ブロック，抗うつ薬の投与を中心に，上顎神経ブロック，エルゴタミン，ステロイド， $\beta$ ブロッカー治療も試みたが，疼痛の軽減に留まり，疼痛発作の消失はなかった。そこで，発作時に口渇と顔面紅潮を伴っていることからツムラ五苓散7.5g/日を投与したところ，数日後より疼痛発作と持続痛の著しい軽減をみた。その後右抜歯を受けたが，新たな疼痛や残存症状の増悪はなかった。

(痛みと漢方7:40-42, 1997)

**索引用語：**非定型的顔面痛，星状神経節ブロック，抗うつ薬，顔面紅潮，口渇，五苓散

### A case of successful treatment of atypical facial pain by administration of a Kampo medicine, Gorei-san

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**Abstract :** The patient was a female, 38 y, suffering from aching and burning left facial pain after an odontectomy involving the maxilla. The pain were occurred suddenly, exacerbating in the afternoons, and was accompanied by facial swelling, butterfly-like erythema and hot sensations in the oral cavity. Her history included migraine during her junior high schooldays, mandibular myelitis (28 y), and left temporomandibular arthrosis (30 y).

Initial analgesic treatment included stellate ganglion and maxillary nerve blocks together with medication including antidepressants, ergotamine, steroids, and  $\beta$ -blocker. The VAS(visual analogue scale) of pain still ranged from 10 to 6/5, and she complained of attacks of severe pain. We then decided to employ a Kampo medicine, Gorei-san, as a new approach to pain relief. Since her attacks were accompanied by thirst and flushing, 7.5 g/day of Gorei-san was administered. As a result, both the frequency of attacks and the severity of pain began to decrease in several days.

Based on this experience, it is suggested that the Kampo medicine, Gorei-san, may prove worthy when atypical facial pain is difficult to relieve by ordinary treatment.

(Pain and Kampo Medicine 7:40-42, 1997)

**Key words :** atypical facial pain, Kampo medicine, Gorei-san