

短 報

慢性疼痛症例の舌診による弁証論治

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要旨：慢性疼痛疾患の入院患者でその治療経過中に，1例ではそれまで投与していた漢方薬の効果が急にみられなくなり，他例では急激な状態変化が起こった。この両例に舌診による「弁証」を行い，これに基づいて漢方薬の転方を行ったところ急速に極めて良好な改善効果が得られた。舌診は簡便な診断技術の一つで，的確な証の把握に大いに役立つと考えられるので，もっと広く活用されてよい。

索引用語：慢性疼痛，舌診弁証

Tongue-inspection diagnosis and treatment of patients with chronic pain

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Abstract : We treated two inpatients with chronic pain by Kampo medicines. The Kampo medicines administered to one of them suddenly lost their effects, and the medicines caused a sudden change in the condition of the other. We conducted “Ben-sho” (Kampo diagnosis), inspecting the tongues of both of the patients. Based upon this tongue-inspection diagnosis, different Kampo medicines were administered, and then their conditions greatly improved. Diagnosis by inspecting the tongue should more frequently be adopted, since it is a simple and easy way to diagnose a patient, and also very useful for exactly identifying “Sho” of the patient.

Key words : tongue-inspection diagnosis, chronic pain