

症 例 報 告

川芎茶調散が奏効した慢性頭痛症例

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要旨：慢性頭痛は、ペインクリニックでしばしば遭遇する疼痛症候群である。かかる疾患に対しては、時として漢方薬が奏効する。今回、抑うつ状態を呈した長期にわたる慢性頭痛患者に対し、星状神経節ブロック(以下 SGB)に漢方薬の川芎茶調散(TJ-124)の併用が奏効した症例を経験した。症例は、48歳 男性。平成6年から拍動性の前頭部および後頭部痛、頭重感が出現した。平成7年からは、抑うつ状態の診断のもとに神経科での薬物治療が行われた。平成8年当科受診。抑うつ状態を伴う混合性頭痛と診断し、SGBを主軸とし、当初からNSAIDsとともに漢方薬の併用を試みた。患者は、種々の不定愁訴をもち、治療経過中に一過性にNSAIDs依存状態を呈した。そのため治療は行きづまり、NSAIDsの離脱にも時間を要した。漢方薬は、柴胡加竜骨牡蛎湯(TJ-12)、薏苡仁湯(TJ-52)、最終的には、平成12年から川芎茶調散(TJ-124)へと変方した。その結果、3日目から拍動性頭痛の軽減を認め、急速に鎮痛へ向かった。平成13年7月末には、ほぼ頭痛発作が消失している。川芎茶調散の著効例と考えられた。

索引用語：慢性頭痛、抑うつ状態、星状神経節ブロック、漢方治療、川芎茶調散

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Chronic Headache Successfully Treated by Senkyu-Chacho-San

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Abstract: Chronic headache is a pain syndrome that is often encountered at pain clinics. Kampo medicine is frequently found to be effective for these conditions. We experienced a case that responded very well to a stellate ganglion block (SGB) combined with a Kampo medicine, Senkyu-Chacho-San (TJ-124). The case was a 48-year-old male who had suffered from pulsatile headaches at the frontal and occipital regions and a sensation of heaviness of the head since 1994. In 1995, he was treated with chemotherapy at a neurology department, the diagnosis being a depressive state. He visited our clinic in 1996, where he was diagnosed as suffering from a mixed headache combined with a depressive state; and he was treated with SGB as the basic therapeutic method combined with NSAIDs and Kampo medicine from the start. Because the patient had a variety of vaguely defined complaints and became transiently dependent on NSAIDs during this regimen, the treatment was deemed unsuccessful. Considerable time was required to wean him from NSAIDs. For the regimen of Kampo medicine, Saiko-ka-Ryukotsu-Borei-To (TJ-12) and Yokuinin-To (TJ-52) were administered, which were eventually switched to Senkyo-Chacho-San (TJ-124) in 2000. On the third day after the prescription was changed, the pulsatile headaches eased, resulting in rapid analgesia. At the end of July 2001, the headache attacks were almost completely eliminated. It was believed that Senkyu-Chacho-San proved to be effective in this case.

Key words: chronic headache, depressive state, stellate ganglion block, Kampo medicine, Senkyu-Chacho-San

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