肩関節痛に対する二朮湯の治療成績

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要旨: 肩関節痛に対する二朮湯の効果を検討した. 対象は肩関節周囲炎3例,石灰沈着性腱板炎1例,腱板断裂3例の計7例であり,二朮湯(TJ-88)を4週間服用しその効果を評価した. 適宜,リハビリテーション,肩峰下滑液包内注射を併用した. 有効は3例であり,全例水滞を認め虚証であった. 二朮湯は,虚証で水滞の病態を呈する肩関節痛に対して有用な薬剤と思われた.

索引用語:肩関節痛,二朮湯,水滞,虚証

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The clinical effect of Ni-jyutu-to on shoulder joint pain

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Abstract: We studied the efficacy of Ni-jyutu-to (TJ-88) on patients with shoulder joint pain. 7 patients (3 cases of adhesive capsulitis, 3 cases of rotator cuff tear, 1 case of calcific tendinitis) were treated with Ni-jyutu-to, combined with rehabilitation and injections into the subacromial bursa. The medicine was effective for 3 cases with suitai and kyo-sho. We consider that Ni-jyutu-to is useful for shoulder joint pain with suitai and kyo-sho.

Key words: shoulder joint pain, Ni-jyutu-to, sui-tai, kyo-sho

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