

## 症 例 報 告

# 難治性の胸部痛・後頸部痛・背部痛・腰痛などの 不定愁訴に十全大補湯が奏効した症例

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**要旨：**糖尿病患者は、血糖値がコントロールされた後も様々な症状で悩まされることが多い。われわれは、糖尿病を既往にもつ慢性難治性の不定愁訴や胸部痛・後頸部痛・背部痛・腰痛に対して、十全大補湯 (TJ-48) を投与し、疼痛の緩和とQOLの向上を経験した。症例は59歳、男性、無職。胸部の筋肉の痙攣にて当科ペインクリニックへ紹介された。芍薬甘草湯 (TJ-68)、小柴胡湯 (TJ-9)、柴朴湯 (TJ-96)、補中益気湯 (TJ-41)、当帰四逆加呉茱萸生姜湯 (TJ-38)、牛車腎気丸 (TJ-107)、五苓散 (TJ-17)、釣藤散 (TJ-47) などを投与したが一時的な効果しか得られず、十全大補湯を使用したところ比較的速やかに全身状態が改善し、疼痛緩和とQOLの向上が得られた。

**索引用語：**十全大補湯、糖尿病、不定愁訴、慢性難治性疼痛

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### Juzen-taiho-to was effective for one case with chronic pain and general physical complaint

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**Abstract:** A diabetic patient is afflicted in many cases with various conditions after the blood sugar level is controlled. For a diabetic patient's general physical complaint and pain, we prescribed Juzen-taiho-to and observed pain relief, and improvement in QOL. The case is 59-year-old man. He was sent to hospital for the purpose of having his blood sugar controlled with medicine, and was introduced to our service with the chief complaint of a chest muscular spasm four months later. Sufficient effect was not acquired although Shakuyaku-kanzo-to, Sho-saiko-to, Saiboku-to, Hochu-ekki-to, Toki-shigyaku-ka-goshuyu-shokyo-to, Gosha-jinki-gan, Gorei-san or Choto-san were used. When Juzen-taiho-to was taken by the patient, his whole body state has improved comparatively promptly, and improvement in pain and QOL were obtained.

**Key words:** Juzen-taiho-to, diabetes, general physical complaint, chronic pain

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