

症 例 報 告

頭痛患者における経絡現象と漢方治療

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要旨：頭痛に対して漢方治療が有効であった3症例を提示し、経絡現象学の立場から考察した。症例1は55歳男性。風寒の外邪の腎経への侵入に伴う大後頭神経痛が、麻黄附子細辛湯と郟根湯の貼薬治療および内服による風寒の除去により治癒した。症例2は31歳女性。胃の冷えに伴う後頭部痛に対して、食事指導と真武湯の内服が奏効した。症例3は56歳女性。20年来の慢性頭痛で鎮痛剤を常用していた。胃の冷えに対する治療と、肝陽虚に対する呉茱萸湯の内服により、頭痛の頻度、程度ともに軽減した。

索引用語：頭痛、経絡貼薬治療、麻黄附子細辛湯、真武湯、呉茱萸湯

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Meridian phenomenon and Kanpo-medicine on patient of headache

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Abstract: We report on three patients with headache treated effectively with kanpo-medicine. Case 1 was a 55-year-old man who suffered from acute right great occipital neuralgia due to invasion of Fu-kan to kidney meridian. Meridian patch therapy (KEIRAKU TENYAKU CHIRYOU) was applied, and Kakkon-to (TJ-1) and Mao-bushi-saishin-to (TJ-127) were administered to remove Fu-kan. His neuralgia diminished quickly after meridian patch therapy. Case 2 was a 31-year-old woman who had suffered from occipital headache for two or three years. Her headache occurred due to Yo-kyo of stomach 1 meridian, and was relieved by restriction of foods and drinks which cool stomach, and administration of Shimbu-to (K-company). Case 3 was a 56-year-old woman who had suffered from chronic headache for about twenty years. Yo-kyo of stomach 1 meridian and liver meridian were the main causes of her headache. Ogi-kenchu-to (TJ-91) and Goshuyu-to (TJ-31) were administered. As Yo-kyo of these meridians improved, her analgesics were reduced.

Key words: headache, Meridian patch therapy (KEIRAKU TENYAKU CHIRYOU), Mao-bushi-saishin-to, Shimbu-to, Goshuyu-to

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