

症 例 報 告

## 中枢神経系血管障害後の疼痛と 異常感覚に対する漢方治療の試み

平田道彦\* 上村聡子\* 野口亜紀子\*

**要旨：**脳血管障害後に麻痺側の四肢や体幹に発症する疼痛や異常感覚は極めて難治性と言われる。我々は視床痛に代表されるこの種の疼痛を含めた異常感覚を主訴に来院した患者7名に対して、随証的に漢方治療を行った。主訴に冷えを伴うものが3名、ほてりなどの温熱感を伴うものが3名、どちらもないものが1名であった。冷えを伴う症例には麻黄附子細辛湯（TJ-127）や当帰四逆加呉茱萸生姜湯（TJ-38）が奏効し、良好な結果を得た。一方温熱感を伴う症例は治療に難渋した。また、肝気鬱結の症候を示した症例には加味逍遙散（TJ-24）を中心とした方剤が効果を示した。この種の難治性感覚障害に対しても、随証的な漢方治療によって対処可能であると考えられる。

索引用語：中枢痛，視床痛，脳血管障害，漢方薬

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#### The trial of Kampo therapy for the pain and abnormal sensation after the vascular disorder of the central nervous system.

Michihiko Hirata\*, Satoko Uemura\* and Akiko Noguchi\*

**Abstract:** It is commonly known that pain and abnormal sensation after a stroke on the central nervous system (central pain) are exceedingly uncontrollable. In these disorders, thalamic pain is generally known as one of the most painful and stubborn. We tried the Kampo therapy for pain or abnormal sensation in 7 cases. 3 cases presented with unpleasant coldness and abnormal sensation (cold group), and in 3 cases with sudden or invariable hotness (hot group), and other the remaining one case, without any coldness or hotness. In the cold group, Mao-bushi-saishin-to or Toki-shigyaku-ka-gosyuyu-shokyo-to were remarkably effective. But, on the other hand, all the cases in the hot group were not treated easily. The patient of the rest one case showed the signs of stagnation and sluggishness of hepatic Qi. For this patient, Kami-shoyo-san was effective to make her free from the suffering pain. We consider that the Kampo medicines can control these pains or abnormal sensations when they were administered following the Kampo diagnosis.

**Key words:** central pain, thalamic pain, vascular disorder in CNS, Kampo medicine

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\* Department of Anesthesiology and Pain clinic, Saiseikai Hita Hospital

Offprint requests to: Michihiko Hirata, Department of Anesthesiology and Pain clinic, Saiseikai Hita Hospital. 643-7, Oaza Miwa, Hita-City, Oita-pref. 877-1292, Japan