

短報

神経症・不眠症などの肩こりに，治肩背拘急方が奏効した
6例—Schizotypal personality disorderの1例を含む—

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要旨：不眠症・抑うつ神経症・筋緊張性頭痛・自律神経失調症・片頭痛・Schizotypal personality disorder (StPD) による肩こり各1例，合計6症例（21～70歳，男性1・女性5）に治肩背拘急方（煎剤）を用いて，平均10日で奏効した．本方は，半夏厚朴湯の証に似ている抑うつを伴う肩こりで，苦労性で申し分の絶えない者により．

索引用語：うつ・頭痛を伴う肩こり，治肩背拘急方（煎剤），2週以内に有効

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6 cases of shoulder-stiffness due to neuroses or insomnia treated by
Tikenpaikokyuhō — containing a case of Schizotypal personality disorder case —
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Abstract: Within 2 weeks, the decoctions of Tikenpaikokyuhō were effective for 6 cases of shoulder-stiffness (insomnia, depressive neuroses, tension headaches, vegetative dystonia, migraine, schizotypal personality disorder: one case each). Tikenpaikokyuhō is effective against shoulder-stiffness with depression, resembling Sho of Hange-koboku-to, with complaints of persistent worries.

Key words: Shoulder-stiffness with depression and/or headache,
Tikenpaikokyuhō (decoction), Effective within 2 weeks

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