

症 例 報 告

漢方治療を試みた舌痛症の2例

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要旨：舌痛はしばしば治療に難渋する疼痛である。病態を五臓論的に弁証して治療を行い、良好な結果を得た舌痛症2例を紹介する。症例1は癌の再発に対する恐怖から胆虚になり、脾虚を招来し、さらに腎陰虚を生じた結果、心陰の不足から心火旺となり、舌尖部の疼痛を生じたものと考えた。根本的な原因である胆虚に対して竹筴温胆湯 (TJ-91) を処方して著効を得た。症例2は過度のストレスから肝気鬱結を生じ、心陰虚さらには脾気虚の状態となり、舌の辺縁部と舌尖部の疼痛を生じたものと考えた。加味逍遥散に心陰を補う生薬を加味した煎じ薬で著効を得た。

索引用語：舌痛症, 五臓論, 胆虚, 竹筴温胆湯, 加味逍遥散

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The 2 cases of glossodynia treated with Kampo medicine

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Abstract: Glossodynia is one of the most uncontrollable chronic disorders. We treated two cases of glossodynia according to the five parenchymatous viscera theory. A 72-year-old male patient, had pain on the tip of his tongue. He received three operations for three types of cancer. The fear of recurrence distressed him for some years. This stress harmed the gallbladder, and induced the deficiency. This disorder of the gallbladder exhausted the spleen and the stomach. And these dysfunctions of the digestive organs caused renal yin-fluid deficiency. The dysfunction of the kidney induced excessive heart yang-ki. It was considered that the burning of heart flame was the cause of the pain on the tip of his tongue. chikujountanto improved the function of the gallbladder, and relieved glossodynia through the pathways among the parenchymatous viscera. The other patient, 81-year-female, had pain on the lingual edge and tip. The origin of the pain on the lingual edge was considered to have come from the sluggishness of liver yang-ki. The sluggishness of liver yang-ki decreased the heart yin-fluid, and, consequently, the heart yang-ki increased relatively and became the cause of the pain on the lingual tip. kamishoyosan and some herbs improved the sluggishness of liver yang-ki and extinguished the flaming-up of the heart yang-ki, and simultaneously increased the heart yin-fluid. We considered that the normalization of the functions of parenchymatous viscera eliminated her glossodynia.

Key words: glossodynia, five parenchymatous viscera theory, deficiency of gallbladder, chikujountanto, kamishoyosan

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