## 原著

## 難治性の帯状疱疹後神経痛(PHN)に対する 桂枝加朮附湯エキス剤と修治附子末Nとの併用の有用性 一有効10例と無効6例の検討—

要旨:寒冷曝露で増悪する傾向にある難治性の帯状疱疹後神経痛(以下PHN)症例に対して、桂枝加朮附湯エキス剤と修治附子末Nとの併用投与を行い、有効率は62.5%であった。追加した修治附子末N量は、1.0~5.0g/dayで投与量に幅を認めた。経過が最長の7年8カ月(92カ月)の症例も、良好な経過を得ており、今後のPHNに対する有用な治療手段になると考える。

索引用語:带状疱疹後神経痛,桂枝加朮附湯,修治附子末

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Effect of Keishikajutsubuto and Syuchibushimatsu on Post Herpetic Neuralgia Miho Nakanishi \*1,2, Mitsuru Kageyama \*2, Kyoko Nakai \*2, Chika Shime \*2, Mikio Fukui \*1, Syuichi Nosaka \*3 and Shinji Nishida \*4

**Abstract**: We treated 16 patients of Post Herpetic Neuralgia (PHN) exacerbated by cold with Keishikajutsubuto and Syuchibushimatsu. Of 16 patients who treated by therapy, 6 patients did not respond favorably to this therapy (pain reduction less than 50%). In 10 patients, the procedure was successful. Based on this examination, we think that Keishikajutsubuto and Syuchibushimatsu is useful therapy for treatment of PHN.

**Key words**: Post Herpetic Neuralgia (PHN), Keishikajutsubuto, Shuchibushimatsu, Bushi

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