## 症例報告

## 漢方薬が奏功したアフタ性口内炎の4例

山口孝二郎\*1 向 井 洋\*1 川 島 清 美\*1 國 芳 秀 晴\*1 上 川 善 昭\*1 坂 元 亮 一\*1 上 村 祐 二\*1 永 田 聡\*1 杉 原 一 正\*1 吉 田 雅 司\*2

**要旨**: 今回われわれは、4例のアフタ性口内炎に対し、漢方治療を施行した. 4例中3例は、気虚、血虚が単独あるいは併存しており、人参養栄湯、補中益気湯、当帰芍薬散が奏功した。他の1例は裏熱燥証で白虎加人参湯が奏功した. 4例中3例に桔梗湯の含嗽を行ない症状の改善の一助となっていた。

> **索引用語**:アフタ性口内炎,人参養栄湯,補中益気湯, 当帰芍薬散,白虎加人参湯,桔梗湯

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Four cases of aphthous stomatitis treated with Kampo Medicines

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**Abstract**: Four cases of aphthous stomatitis treated with Kampo medicines were studied. Three cases were treated with Ninjinyoeito (TJ-108), Hochuekkito (TJ-41) and/or Tokishakuyakusan (TJ-23) because of deficiency of ki (vital energy) and/or ketsu (blood circulatory function) deficiency. Another one case was treated with Byakkokaninjinto (TJ-34) because of the existence of interior hot state with oral candidasis. In three cases, Kikyoto (TJ-138) was used for gargle drug. Two or three months later, all cases were completely treated with Kampo medicines. There was no recurrence after the medication.

**Key words**: aphthous stomatitis, Ninjinyoeito, Hochuekkito, Tokishakuyakusan, Byakkokaninjinto, Kikyoto

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