

## 症 例 報 告

## 呉茱萸湯が有効であった非定型顔面痛の1症例

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**要旨：**非定型顔面痛は、難治性顔面痛のひとつで、様々な治療法が試みられている。

**症例：**60歳、女性。主訴は、左顎関節から側頭、後頸部を含んだ顔面の痛みと上顎智歯抜去部のチリチリとした痛みであった。4ヵ月前に、左顔面部に痛みを自覚し、歯科治療をおこなったが痛みは治まらなかった。左上顎智歯の抜歯後より激痛にみまわれ、星状神経節ブロックや向精神薬などの治療を受けたが軽快しなかったために、当科を訪れた。

左咀嚼筋、顎関節部に圧痛点を認めた。上顎結節部の歯肉は正常であったが、自発痛と違和感を訴えていた。東洋医学的所見では、冷え、嘔気、頭痛、倦怠感、四肢のだるさ、抑うつを示し気滞、虚寒証と診断された。四環系抗うつ剤の投与で痛みが軽減した。さらに、頭痛と関連して顔面痛が出現するために、呉茱萸湯エキス顆粒を併用した。頭痛および他の症状が治まり、顔面痛も消失した。呉茱萸湯は、嘔気を伴う頭痛を併発している非定型顔面痛に有用であった。

**索引用語：**非定型顔面痛、頭痛、呉茱萸湯、漢方薬

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## Successful treatment with goshuyuto for atypical facial pain

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**Abstract:** Atypical facial pain is one of disorders difficult to treat. Various treatments have been attempted.

We report a 60-year-old woman who complained of left facial pain with headache.

Four month before, she felt the left facial pain. Dental treatment could not relieve her pain. Severe pain on upper gum was occurred by extraction of the third molar tooth. Though she received pain treatment including Stellate ganglion block and medication of antipsychotics, her pain was not relieved.

At first visit to our hospital, she complained of pain on the left face, head, back neck and temporomandibular joint, accompanied by burning pain and abnormal sensation on the upper molar gum. She had some trigger points on masticatory muscle and temporomandibular joint. However, upper gum was normal in inspection diagnosis.

The patient complained of headache with nausea, fatigue and chillphobia. She exhibited Kyo sho (deficiency constitution) and Ki tai (stagnated vital energy).

Tetracyclic antidepressant was administered for facial pain. In addition, goshuyuto was administered for headache. Pain was relieved and other symptoms were disappeared two weeks after kampo treatment.

It was considered that goshuyuto combined with tetracyclic antidepressant relieved the atypical facial pain related with headache. The treatment with goshuyuto is well indicated for atypical facial pain related to headache with nausea.

**Key words:** atypical facial pain, headache, goshuyuto, kampo medicine

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