

症	例	報	告
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中建中湯が奏効した腹痛の3症例

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要旨：腹痛に対しては様々な漢方薬が処方されている。われわれは中建中湯が奏効した腹痛の3症例を報告する。症例1は72歳女性，経過3週間の腹痛，下腹部のはりを主訴に受診した。便秘に伴う腹痛と診断，中建中湯の内服1週間で改善した。症例2は55歳男性，腹痛，腹部のはりを主訴に受診した。ウイルス感染に伴う急性腸炎と診断，中建中湯の内服3日間で改善した。症例3は78歳男性，腹痛，下痢を主訴に受診した。ウイルス感染に伴う急性腸炎と診断，葛根湯の内服は無効であったが，中建中湯の内服1回で改善した。中建中湯は便秘とそれに伴う腹痛のみならず，急性腸炎とそれに伴う腹痛に対しても有効であった。中建中湯は腹痛に対する第一選択薬になりうると思った。

索引用語：中建中湯，腹痛，便秘，急性腸炎，感染性腸炎

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Three cases report of chukenchuto which is effective for abdominal pain

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Abstract: Many Kampo medicines are prescribed for abdominal pain. We report three cases of abdominal pain improved with chukenchuto. Case 1 is a 72-year-old woman. She had a feeling of fullness in abdomen with abdominal pain for three weeks. She was diagnosed as constipation abdominal pain, and improved by the treatment with chukenchuto for a week. Case 2 is a 55-year-old man. He had an abdominal pain and feeling of fullness in abdomen for three days. He was diagnosed as acute colitis of viral infection, and improved by the treatment with chukenchuto for three days. Case 3 is a 78-year-old man. He had an abdominal pain and diarrhea for two days. He was diagnosed as acute colitis of viral infection. He did not improved by the treatment with kakkonto, and he was finally improved by the treatment with chukenchuto for a day. Chukenchuto is useful for not only constipation with abdominal pain but also acute colitis with abdominal pain. This is the first report about chukenchuto which is effective for acute colitis. It was suggested that the treatment with chukenchuto should be one of the first choice among the therapies of abdominal pain.

Key words: chukenchuto, abdominal pain, constipation, acute colitis, infectious colitis

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