

症 例 報 告

脾胃を整える漢方に変方して 症状が改善した胸郭出口症候群の症例

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要旨：胸郭出口症候群は神経ブロックなどの治療が行われるが難治性のものが多く、漢方薬が使用される場合も多い。またその場合、一般的には鎮痛作用を持つ生薬を含む漢方薬が処方されやすい。しかしながら、今回我々はしびれや痛みなどの神経症状に加え胃腸症状をもつ患者さんに対し甘草瀉心湯を処方したところ、神経症状が改善した症例を経験した。痛みに対する漢方治療では、鎮痛作用をもつ処方のみならず、時には発症の要因を考え脾胃を調節する治療から開始することが必要であると考えられる。

索引用語：胸郭出口症候群，胃腸症状，甘草瀉心湯

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The case of thoracic outlet syndrome improved by the adjustment for the digestive function

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Abstract: Thoracic outlet syndrome tends to be difficult to treat. While treatments such as nerve blocks are available, kampo medicines are also used to improve the syndrome. In these cases, kampo medicines with analgesic effect are mainly used. This paper showed our study using kanzoshashinto on a patient suffering from both neurological and stomach symptoms. By the treatment with kanzoshashinto, her neurological symptoms were ameliorated. It was suggested that the treatment of pain should need only kampo medicines with analgesic actions but also those selected by the conditions diagnosed by the kampo theory. In our study, the treatment with kanzoshashinto to adjust the digestive functions (hi-i) was effective for the thoracic outlet syndrome.

Key words: thoracic outlet syndrome, gastrointestinal symptoms, kanzoshashinto

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