大後頭三叉神経症候群に対する漢方治療

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要旨:大後頭三叉神経症候群(Great Occipital Trigeminal Syndrome)は後頭部や頭頂部と同側の顔面が痛む疾患で、頚椎の異常が原因のひとつと考えられている。頚椎の異常から上位頚髄神経が障害され、分枝である大後頭神経の支配領域に痛みが生じ、一部の上位頚髄神経が三叉神経脊髄路核に連絡するため三叉神経領域にも痛みを生ずる。この頚椎症性の頭痛には治打撲一方を中心とした漢方治療が非常に有効である。使用に際しては、患者の全身の状態、心身の変調に配慮して、適当な方剤を合方、兼用することが肝要である。

索引用語:大後頭三叉神経症候群,頭痛,治打撲一方

PAIN AND KAMPO MEDICINE Vol.20 (2010)

Kampo therapy on great occipital trigeminal syndrome Michihiko Hirata*

Abstract: Great occipital trigeminal syndrome is a kind of headache characterized by the pain in occipital area and trigeminal area at the same side. It is considered that the distinctive pain occurs from the trouble of cervical spine. The abnormalities of the structure of the cervical spine excite the upper cervical nerves, and the pain is induced in the occipital area. Some of the cervical nerves connect the nuclei of spinal pathway of the trigeminal nerve. This connection also induces the pain in the trigeminal area. Kampo therapy using mainly jidabokuippo was very effective for the pain of GOTS. It is important to use kampo medicines properly by the combined formulation or the auxiliary formulation according to the systemic condition, and/or the psychic and emotional state of the patient.

Key words: great occipital trigeminal syndrome, jidabokuippo, kampo therapy

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