

臨 床 経 験

半夏厚朴湯と加味逍遙散が奏効した Burning Mouth Syndrome の 1 例

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要旨：左舌縁部と左上顎臼歯槽部の痛みを訴える Burning Mouth Syndrome (BMS) 患者に対し、半夏厚朴湯と加味逍遙散が奏効した症例を経験したので報告した。症例は 75 歳、女性。3 ヶ月前より左舌縁部に痛みが生じ、他院にて加療を受けるも舌痛が残存したため当科を受診した。口腔内に器質的異常は認められなかったが、左舌縁部に持続的な痛みがあり、常にイライラし、癌恐怖も認められた。半夏厚朴湯 (TJ-16) 7.5g/日を処方したところ 2 週後より痛みが改善し始め、15 週後に舌痛は消失した。しかし、その 1 週間後、左上顎臼歯槽部に新たな痛みを生じたため、加味逍遙散 (TJ-24) 7.5g/日を処方した。10 日前後で痛みは改善し、4 週後に痛みは消失した。非定型な口腔痛に対して、気鬱を伴う寒虚症と診断した場合、半夏厚朴湯や加味逍遙散の投与を考慮しても良いと考えられた。

索引用語：Burning Mouth Syndrome (BMS), 半夏厚朴湯, 加味逍遙散

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A case of Burning Mouth Syndrome successfully treated with hangekobokuto and kamishoyosan

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Abstract: Seventy five-year-old female patient with Burning Mouth Syndrome (BMS), who complained of pain of tongue and left upper molar portion, was successfully treated with hangekobokuto (TJ-16) and kamishoyosan (TJ-24). She developed pain of left tongue margin three months ago and underwent by the physician. But, she was referred to our clinic because of prolonged pain of left tongue margin. Organic lesion was absent in intraoral examination. She was diagnosed as glossodynia. According to the kampo diagnosis, TJ-16 was administered at a dose of 2.5g, 3 times a day. The pain showed the tendency to improve two weeks later and it disappeared 15 weeks later. However, the pain of the left upper molar region occurred 16 weeks later, and the pain of the left tongue margin also recurred. Therefore the final diagnosis was assumed to be BMS. By the administration of TJ-24 at a dose of 2.5g, 3 times a day, those symptoms were disappeared. It was suggested that the treatment with TJ-16 and TJ-24 should be effective in patients with BMS.

Key words: Burning Mouth Syndrome (BMS) , hangekobokuto, kamishoyosan

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