

症 例 報 告

ナラティブセラピーを用いて漢方治療で寛解した  
非定型歯痛と舌痛症の2症例

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**要旨：**超高齢社会が到来して久しい今日、その波は私たちの想像を超えるスピードと大きさに迫り、少子高齢化や産業力低下が進む中、疾患も多様化している。痛みとくに非菌原性歯痛においても、原因結果論に基づく短絡的思考でなく、心理社会的、倫理的、生物学的視点による多面的思考に基づくアプローチが必要である。今回我々は、非菌原性歯痛の中の非定型歯痛や舌痛に対する漢方を含めた治療を通して、痛みの本質に迫るナラティブを引き出すことができた症例を経験したため、その概要を報告する。

**索引用語：**ナラティブセラピー、歯痛、漢方治療

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**Narrative therapy for Cases of non-odontogenic toothache and glossodynia  
— Complete response two cases with Western mixed Kampo Medicine —**

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**Abstract:** Already for several decades Japan has been faced aging society. It has approached us rapidly with inconceivable. Within society of decreasing birthrate, aging population and industry power dropping in Japan, the disease symptoms, especially oral pain not causing by teeth diversified. Thus it is necessary to approach a patient with not only linear, but also bio-psycho-socio and ethical multiplanar view. We report here, two cases of oral pain. We succeed to obtain their narrative under essential of the problems with combined the Western and Kampo medicine.

**Key words:** Narrative therapy, Non-odontogenic toothache, Kampo medicine

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