

症 例 報 告

慢性腰痛に対して荊芥連翹湯が有用と考えられた 1 症例

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要旨:慢性腰痛に荊芥連翹湯が有用と考えられた1症例を経験した。症例は73歳の女性。18年前からの腰部脊柱管狭窄症に伴う神経障害性疼痛と診断され、薬物治療を受けていたが、無効なため当科を受診。初診時から種々の漢方方剤を併用したが、十分な改善が得られなかった。しかし頭痛、後鼻漏の症状に対して荊芥連翹湯を併用したところ、腰痛が軽減し、ADL (Activities of Daily Living) が著明に改善した。荊芥連翹湯には黄連解毒湯や四物湯、芍薬甘草湯の構成生薬が含まれていることから、これらの構成生薬の相乗効果によって腰痛が劇的に改善したのではないかと考えられた。

索引用語: 荊芥連翹湯, 漢方薬, 慢性腰痛

PAIN AND KAMPO MEDICINE Vol.24 (2014)

A case of chronic pain usefully treated with Keigairengyoto

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Abstract: We herein report a case of a 73 year old woman with chronic low back pain for whom Keigairengyoto was markedly effective. Eighteen years before she had been diagnosed with neuropathic pain due to spinal canal stenosis, and many conventional drugs were prescribed without effect. We also prescribed various Kampo medicines, but with little effect. Unexpectedly, after prescribing Keigairengyoto for headache and posterior nasal drip, the lower back pain has relieved markedly in a short period of time. Because Keigairengyoto includes Orenge dokuto, Shimotsuto and Shakuyakukanzoto, the resulting effectiveness may be a synergetic effect of the mixture of these herbal medicines.

Key words: keigairengyoto, Kampo medicine, chronic lower back pain

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