

臨 床 経 験

ゾロドレン酸水和物の副作用（骨痛・発熱）緩和に対する 麻黄湯の臨床経験

林 明 宗 *

要旨：ゾロドレン酸水和物の副作用である骨痛・発熱は、インフルエンザの症状に酷似しており、麻黄湯がその症状緩和に有用であるといわれている。今回、29歳女性の上咽頭癌骨転移例に投与されたゾロドレン酸水和物による骨痛・発熱に対して、麻黄湯を服用させたところ、numerical rating scale (NMR) で3/10の症状寛解を得ることができた。とくに通常の鎮痛剤が奏功しえなかった突き上げるような疼痛感覚はNMRで0-1/10と著減した。

索引用語：麻黄湯, 骨痛, 発熱, ゾロドレン酸水和物

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Clinical experience with maoto: managing the side effects of zoledronic acid hydrate –
bone pain and fever
Akimune Hayashi *

Abstract: The side effects of zoledronic acid hydrate such as bone pain and fever are remarkably similar to the symptoms of influenza. Therefore, maoto is expected to be an effective treatment in relieving such side effects.

Maoto was given to a 29-year-old female patient suffering from bone pain and fever due to zoledronic acid hydrate administration for the treatment of systematic bone metastasis from epipharyngeal carcinoma. These side effects were successfully controlled and improved to 3/10 in numerical rating scale (NMR). In particular, the shooting pain that did not respond well to ordinary analgesics significantly improved to 0-1/10 in NMR.

Key words: maoto, bone pain, fever, zoledronic acid hydrate

* Division of Kampo Medicine, Department of Neurosurgery, Kanagawa Cancer Center

Offprint requests to: Akimune Hayashi, Division of Kampo Medicine, Department of Neurosurgery, Kanagawa Cancer Center.

2-3-2 Nakao, Asahi-ku, Yokohama, Kanagawa, 241-8515, Japan