

症 例 報 告

閃輝暗点を前兆とした片頭痛に対する抑肝散頓服療法

佐藤泰昌*^{1,2}

要旨：閃輝暗点を前兆とした片頭痛に対し、閃輝暗点予兆時に抑肝散を頓服することにより、閃輝暗点やその後の片頭痛が起こらなかった症例を経験した。閃輝暗点は、脳の血流障害の関与が考えられている。中医学的な観点から言えば、閃輝暗点は目の血虚状態であるため、肝血虚を改善する抑肝散の頓服は、閃輝暗点予防、ひいては閃輝暗点を前兆とする片頭痛の発症抑制に有効であると思われた。

索引用語：抑肝散, 頓服, 閃輝暗点, 片頭痛

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Single dose oral therapy with yokukansan for migraine with scintillating scotoma as a part of aura

Yasumasa SATO*^{1,2}

Abstract: I experienced a case in which yokukansan was administered to a patient when scintillating scotoma were expected to occur, and the scintillating scotoma and headache were prevented. Insufficient blood flow in the brain is considered to be involved in the development of scintillating scotoma. From the viewpoint of traditional Chinese medicine, scintillating scotoma is a condition of blood deficiency in the eyes. Yokukansan is thought to improve liver blood deficiency, and administration of yokukansan may be effective in preventing scintillating scotoma and migraine with scintillating scotoma.

Key words: yokukansan, single-dose therapy, scintillating scotoma, migraine

*¹Department of Obstetrics and Gynecology, Gifu Prefectural General Medical Center

Yasumasa SATO, Department of Obstetrics and Gynecology, Gifu Prefectural General Medical Center, 4-6-1, Noishiki, Gifu-shi, Gifu 500-8717, Japan

*²Department of Oriental Medicine, Gifu Prefectural General Medical Center