

## 症 例 報 告

# 口腔内のしびれと痛み漢方薬が奏功した 1 症例

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**要旨：**症例は50歳代の女性で、主訴は上顎前歯部のしびれと痛みであった。現病歴は、上顎前歯部を抜髄後に痛みが続き、末梢神経障害性疼痛が疑われ、アミトリプチリンが処方されていた。痛みは改善するもしびれが残るため、当科を紹介され受診した。上顎前歯部末梢神経障害性疼痛と両側三叉神経第Ⅱ枝知覚異常の診断で星状神経節ブロックを施行し、やや改善を認めて経過観察としていたところ、突然の左側上下顎臼歯部の痛みで来院した。左側顎関節症Ⅰ型の診断の下、芍薬甘草湯7.5g分3/日と加工ブシ末製剤9錠分3/日、ロキソプロフェンナトリウム錠180mg分3/日を処方した。4カ月後臼歯部の痛みは消失し、前歯部の痛みとしびれも改善したため、経過観察とした。芍薬甘草湯に加工ブシ末製剤を併用することで、顎関節症の急性症状のみならず口腔内の慢性的な痛みとしびれも改善し、有用な処方であると示唆された。

**索引用語：**芍薬甘草湯、加工ブシ末製剤、しびれ

## PAIN AND KAMPO MEDICINE Vol.32 (2023)

### A case of numbness and pain in the oral cavity successfully treated with Kampo medicines

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**Abstract:** The patient was a woman in her 50s with a chief complaint of numbness and pain in the anterior maxillary region. Her symptoms, which occurred after her anterior maxillary teeth were extracted, were thought to be peripheral neuropathic pain, and amitriptyline was prescribed. She was referred to our department for consultation because the pain improved, but the numbness remained.

After performing a stellate ganglion block with a diagnosis of peripheral neuropathic pain in the maxillary anterior teeth and bilateral trigeminal nerve branch II dysesthesia, her symptoms improved slightly, and she was kept under observation. Unexpectedly, she returned to our hospital with sudden pain in her left left-side upper and lower molar region. Under the diagnosis of left-sided temporomandibular disorder type I, shakuyakukanzoto 2.5g three times daily, powdered processed aconite root 3 tablets three times daily, and loxoprofen sodium 60mg three times daily were prescribed. After four months, the pain in the molar area disappeared and the pain and numbness in the anterior tooth area also reduce. The combination of shakuyakukanzoto with a powdered processed aconite root improved not only the acute symptoms of TMJ arthrosis but also the chronic pain and numbness in the mouth, suggesting that this is a useful prescription.

**Key words:** shakuyakukanzoto, powdered processed aconite root, numbness

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