

症 例 報 告

悪性リンパ腫治療時に増悪した口腔扁平苔癬に
漢方薬と抗真菌薬が奏効した1症例新田 英明^{*1,2} 山口孝二郎^{*2,3} 鈴木 甫^{*4} 杉村 光隆^{*5}

要旨：口腔扁平苔癬は、中高年の女性に多い口腔粘膜疾患であり、発症の原因は諸説あるが未だにはっきりとした原因は不明な慢性炎症性疾患である。今回我々は、悪性リンパ腫治療時に増悪した口腔扁平苔癬に漢方薬と抗真菌薬が奏効した症例を経験した。本症例では、消炎作用を期待して半夏瀉心湯の含嗽・内服を開始した。また、扁平苔癬の増悪の因子となる口腔カンジダ症も併発していたため口腔カンジダ症の除菌も並行して実施をしている。半夏瀉心湯は、癌化学療法時の炎症性プロスタグランジンの発生を抑え、口腔扁平苔癬にも奏効したと考えられた。

索引用語：口腔扁平苔癬、半夏瀉心湯、悪性リンパ腫、口腔カンジダ症

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A case of oral lichen planus exacerbated during treatment for malignant lymphoma was successfully treated with Kampo and antifungal medicine

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Abstract: Oral lichen planus is a disease of the oral mucosa in elderly women, and it is a chronic inflammatory disease with a still unclear cause, (although there are various theories as to its pathogenesis). We report a case of a woman with oral lichen planus, aggravated during treatment for malignant lymphoma, which was treated successfully by Kampo and antifungal medicine.

In this case, gargling and oral administration of hangeshashinto were started in anticipation of its anti-inflammatory effect for the patient. In addition, since the patient also had concomitant oral candidiasis, which is a factor exacerbating the oral lichen planus, we carried out decontamination of the oral candidiasis in parallel. Hangeshashinto was considered to suppress the production of inflammatory prostaglandins during cancer chemotherapy, and was also effective for oral lichen planus.

Key words: Oral lichen planus, hangeshashinto, malignant lymphoma, oral candidiasis

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