

## 症 例 報 告

## 易怒性患者の舌痛症に対して漢方治療が奏効した1例

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**要旨：**舌痛症は治療に難渋することが多い疾患である。症例は70歳台女性、右側舌縁に生じた潰瘍が治癒してもなお継続する舌の痛みを訴え、器質的異常は認めないことから舌痛症と診断された。漢方医学的に易怒性とかみしめに着目し、肝鬱気滞と診断し、抑肝散加陳皮半夏エキス剤の内服投与により、舌の痛みは著明に改善した。本症例の舌痛症はおもに患者の周辺環境に対する不満による肝鬱気滞が病因であり、抑肝散加陳皮半夏により著効に至ったと考える。

**索引用語：**易怒性、舌痛症、抑肝散加陳皮半夏、肝鬱気滞

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## A case of Successful Kampo medicine treatment for glossalgia with an irritable patient

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**Abstract:** Glossalgia is often difficult to treat. The patient was a woman in seventies who complained tongue pain even after the ulcer has healed on the right tongue edge, and was diagnosed with glossalgia because no abnormality is recognized. Focusing on irritability and clenching from the perspective of Kampo medicine, she was diagnosed with liver depression and qi stagnation. Oral administration of yokukansankachimpihange (TJ-83) extract significantly improved her tongue pain. The cause of the glossalgia in this case was mainly liver depression and qi stagnation caused by the patient's dissatisfaction with the surrounding environment. yokukansankachimpihange was remarkably effective for the glossalgia.

**Key words:** irritability, glossalgia, yokukansankachimpihange, liver depression and qi stagnation

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