

症 例 報 告

ハイブリッド（漢方薬＋鍼/電気鍼）療法が有効であった 難治性疼痛症例

緒 方 政 則*

要旨：ハイブリッド療法とは漢方薬と鍼/電気鍼治療の併用のことである。今までにこの治療法を様々な難治性疼痛症例に試み、有効性を確認してきた。今回は、ハイブリッド療法により腰部脊柱管狭窄症による左下肢神経障害性疼痛と運動機能の障害や精神不安が早期に改善した症例と多関節痛、両大腿部痛、圧痕浮腫を伴う多発筋痛症にステロイドを使用しないで疼痛だけでなく、浮腫、炎症が早期に改善した症例を提示する。異なる作用部位・機序である漢方薬治療（代謝系）と鍼/電気鍼治療（神経・脳・内分泌系）の併用は相乗・相加作用が期待でき、神経障害性疼痛だけでなく、精神不安、免疫異常を合併する難治性疼痛に対しても効果があった。

索引用語：ハイブリッド（漢方薬＋鍼/電気鍼）療法、神経障害性疼痛、精神不安、多発筋痛症、難治性疼痛

PAIN AND KAMPO MEDICINE Vol.32 (2023)

Effective cases of intractable pain by the hybrid therapy, a combination of Japanese Kampo medicine and acupuncture/electroacupuncture
Masanori OGATA*

Abstract: The hybrid therapy is a combination of Japanese Kampo medicine and acupuncture/electroacupuncture. I have reported on the successful use of this therapy in a variety of patients with intractable neuropathic pain.

In this study, we report two cases. One is a case in which neuropathic pain, motor dysfunction, and mental anxiety in the left lower extremity due to lumbar spinal canal stenosis were improved early by hybrid therapy. The other is a case in which not only pain but also edema and inflammation were improved early without using steroids in polymyalgia rheumatica accompanied by polyarticular pain and femoral intractable pain, with indentation edema on feet. The combination of Kampo medicine treatment (metabolic system) and acupuncture/electroacupuncture (neurological, brain, endocrine system), which have different sites and mechanisms of action, can be expected to have synergistic and additive effects. The hybrid therapy was effective not only for neuropathic pain but also for intractable pain caused by immune abnormalities.

Key words: hybrid therapy (Kampo medicine, acupuncture/electroacupuncture), neuropathic pain, mental anxiety, polymyalgia rheumatica intractable pain

*Department of Pain Clinic and Japanese Oriental Medicine, Moji Hospital
Masanori OGATA, Department of Pain Clinic and Japanese Oriental Medicine, Moji Hospital.
3-1 Minami Honmachi, Moji-ku, Kitakyusyu-shi, Fukuoka 800-0021, Japan