

短 報

## 漢方療法が奏効した難治性下肢痛の 1 症例

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**要旨：**下肢痛を含め難治性慢性痛には様々な原因があり，治療法も薬物療法，神経ブロック療法，心理療法等多岐にわたるが，難渋することもしばしばみられる。

本症例においてはリスクの高い併存疾患のために西洋医学的治療の選択肢が限られていたが，最終的に桂枝茯苓丸併用が奏効した。

西洋医学的治療が限られているときには漢方療法を試みるべきである。

**索引用語：**難治性下肢痛，漢方療法，桂枝茯苓丸

### PAIN AND KAMPO MEDICINE Vol.32 (2023)

A case of refractory leg pain successfully treated with Kampo therapy  
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**Abstract:** Refractory chronic pain, including lower extremity pain, has a variety of causes. There are various treatments including drug therapy, nerve blocks, and psychotherapy but in some cases, they may not be effective. In this case, due to the presence of high-risk comorbidities, the options for Western medical treatment were limited. However, combined use of keishibukuryogan was effective eventually.

When Western medical treatment is limited, it may be worth considering traditional Kampo medicine.

**Key words:** refractory leg pain, Kampo medicine, keishibukuryogan

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