

短報

带状疱疹関連痛の軽減後の心脾両虚に対し 漢方薬が奏功した症例

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要旨：带状疱疹による痛みは精神神経症状の悪化を伴うことも多い。これらはさらに痛みの程度、遷延に影響を及ぼす。今回我々は漢方治療により带状疱疹関連痛の軽減が見られたが、その後心脾両虚を呈した症例に対し、加味帰脾湯を使用し、症状の改善が図れた症例を経験した。加味帰脾湯は、心脾両虚を呈しているときにどの時期でも奏功する可能性がある。

索引用語：带状疱疹関連痛、加味帰脾湯、心脾両虚

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A case of psychoneurotic symptoms (a pattern of both heart and spleen deficiency) after relief of herpes zoster-related pain successfully treated with Chinese herbal medicine

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Abstract: Herpes zoster-related pain can be accompanied by neuropsychiatric symptoms. This further influences the degree and duration of pain.

According to traditional oriental medicine, the human body consists of five zang-organs and six fu-organs. The liver, heart, spleen, lungs and kidneys are rereferred to as the five zang-organs. The gallbladder, small intestine, stomach, large intestine, bladder, and triple energizers are referred to as six fu-organs. Although most of these names are also used in Western medicine, the meaning is different. In Western medicine, it is a name that refers only to substances, but in traditional oriental medicine, it indicates substances and functions.

In this case, after herpes zoster-related pain was alleviated by Kampo treatment, the patient presented with symptoms of decreased appetite and mood disorder, which were considered a pattern of both heart and spleen deficiency in traditional oriental medicine. Kamikihito was prescribed, and the symptoms improved.

Kamikihito may be effective at any time when the pattern of both heart and spleen deficiency is present.

Key words: herpes zoster refferd pain, kamikihito, both heart spleen emptiness

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