

症 例 報 告

柴苓湯と九味檳榔湯の併用が有用と思われた 腓骨神経麻痺症例

坪 敏仁^{*1} 二神利恵^{*1} 山崎章生^{*2} 工藤隆司^{*3}

要旨：柴苓湯と九味檳榔湯の併用により、しびれと麻痺が改善した腓骨神経麻痺症例を経験したので報告する。患者は60歳台男性で右下肢蜂窩織炎の既往があった。起床時に、右足関節背屈が不可能になり、しびれと下肢腫脹が出現し、右下肢腓骨神経麻痺と診断され、リハビリテーションと鍼治療を開始した。MRIで下肢の浮腫を確認でき、柴苓湯を投与した。1カ月後に症状は改善せず、九味檳榔湯を併用した。2カ月後にはしびれ・麻痺・下肢腫脹が改善し、MRIで浮腫も軽減した。柴苓湯と九味檳榔湯の併用は、腓骨神経麻痺に有用と思われた。

索引用語：腓骨神経麻痺、柴苓湯、九味檳榔湯

PAIN AND KAMPO MEDICINE Vol.34 (2025)

A Case of Peroneal Nerve Palsy Successfully Treated with a Combination of Saireito and Kumibinroto

Toshihito TSUBO^{*1}, Rie FUTAGAMI^{*1}, Akio YAMAZAKI^{*2}, Ryuji KUDO^{*3}

Abstract: We report a case of a man in his 60s who presented with peroneal nerve palsy in his right leg. The patient had a history of right lower limb cellulitis and noticed foot drop and loss of sensation in his right leg when he woke up. MRI of the right leg showed edema in the area of the peroneal nerve. He was diagnosed with peroneal nerve palsy and began rehabilitation, acupuncture therapy, and medication therapy of saireito. But no improvement was observed after one month. Kumibinroto was added to the therapy regimen. After one month of combined therapy, numbness, paralysis, and edema rapidly improved, and MRI revealed a reduction in the leg edema. This case suggests that the combination of saireito and kumibinroto was effective in treating peroneal nerve palsy.

Key words: peroneal nerve palsy, saireio, kumibinroto

^{*1}Kampo Naika, Department of Anesthesiology, Aomoriikeikai Hospital

Toshihito TSUBO, Kampo Naika, Department of Anesthesiology, Aomoriikeikai Hospital.
146-1, Yasuda Chikano, Aomori-shi, Aomori 038-0021, Japan

^{*2}Medical Engineering Center, Aomoriikeikai Hospital

^{*3}Department of Anesthesiology, Hirosaki University Hospital